

*“Our **MISSION** is to improve the quality of life and to restore dignity to hungry individuals and families by providing nutritious food and comradery in a safe, warm and caring environment for all who enter our doors.”*

FACTS:

- ❑ *Only ‘Soup Kitchen’ in Franklin County Vermont.*
- ❑ *For over 30 years our primary focus has been to try and meet the basic needs of food and companionship while offering hope through compassionate service.*
- ❑ *There is no eligibility criteria. While monetary donations are gratefully accepted, no one is denied a meal because of their inability to pay.*
- ❑ *January 23, 1984 the kitchen’s first warm meal served.*
- ❑ *Supported by area churches, businesses and individuals, we rely on volunteers who strive to welcome, inspire and nourish. We seek to restore relationships through respect and dignity.*
- ❑ *501c3 Non Profit Organization*




Mailing address:
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St. Albans, VT 05478

Location:
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Email: Marthas802@yahoo.com
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Product layout and design by Carol L Brunk of www.sightwordsataglance.com product created donation brochure. All copyrights of brochure of product design and layout of this brochure are donated to ownership with all reserved copyrights to sole ownership of Martha's Kitchen, St. Albans, VT 05478 April 2016



*In 2015 our **volunteers** provided us with over 7,700 hours of service and together we **served***
 **18,253 meals.**

Your donations make this possible!

Hours Open
Monday-Friday
8:00 am to 12:30 pm
Thanksgiving Day and Christmas Day
10:00 am to 4:00 pm



OUR NAMESAKE is derived from Gospel of Luke 10:38-42,

where sisters Martha and Mary open their home to provide rest and nourishment for their friend Jesus.

“As Jesus and his disciples were on their way, He came to a village where a woman named Martha opened her home to Him. She had a sister called Mary, who sat at the Lord’s feet listening to what He said. But Martha was distracted by all the preparations that had to be made. She came to Him and asked, “Lord, Don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

“Martha, Martha,” The Lord answered, “You are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.”

Though the name holds true to Martha, in addition to cooking and serving meals, we strive to maintain the legacy of both sisters through “Ministry of Presence” where we seek to foster a place of hospitality for all who seek a safe space to rest and receive nourishment.



VOLUNTEER

We offer many ways to get involved at the Kitchen. Volunteers assist with some prepping, cooking, serving and cleaning. We believe in the Ministry of Presence; taking time to sit and share moments with our guests. Getting to know each other without distractions. Just being present!

If you are interested in volunteering please call 802-524-9749 and set up a time to stop by and learn more, or send an email to Marthas802@yahoo.com



“Thank you for all you teach me. We can believe there is good in all people. I can nourish that good.... Gratitude is something we show and give back. Acceptance of all people builds the worth they feel. We treat everyone with respect and show that by feeding them, conversing and acknowledging their presence. I can learn something new every time I work in the Kitchen!

Thank you!”

~ Linette Kruse, Volunteer

FOOD DONATIONS

Please check the ‘Our needs’ tab on the menu of Martha’s Kitchen’s website www.marthaskitchen802.org for our weekly needs.

EVENT CALENDAR 2016

Quarterly

Taize’ Evening Prayer

Yearly

March 2016

‘Empty Bowl’ Event

September 2016

‘Evening of Excellence’ Event

October 2016

‘Annual Yard Sale’ Event

Call or email for additional information on events or purchase of handmade gifts

HANDMADE GIFTS FOR SALE

There are several ways you can help Martha’s Kitchen continue serving our community. In addition to donating goods, services or funds, you can also buy beautiful handmade items created with love by our guests and volunteers. Includes handmade cards & loom rugs

All proceeds go to the Martha’s Kitchen mission. Your donation-purchase is 100% tax deductible.

MONITARY DONATIONS

Your tax deductible donation contribution today can be sent in as a check or money order to the attention of Martha’s Kitchen, PO Box 1561, St. Albans, VT 05478 or you can donate on our website at www.marthaskitchen802.org